

**CPS Approved Parenting Class and Resource List
May 2019**

Parents can obtain information about the Juvenile Court process, parenting classes and other community resources from their social worker or by attending a CPS Parent Orientation Session:

CPS Parent Orientation
3331 Power Inn Road, First Floor
11:00 AM, Fridays (Except Holidays)
No Appointment Necessary

Tips for Parents

- Enroll in a class from this list. The agencies on this list are approved to offer parenting classes that meet court requirements. Completion of classes offered by other agencies will not be considered by the court.
- **Contact the agency prior to the class start date.** Some agencies require an intake appointment. The location of the class may be different from the agency location. Class start dates may change after the publication of this list.
- Most agencies **close** class enrollment **after the third session.**
- CPS does not reimburse class fees so remember to ask if there is a cost for the class you select.
- Please sign a **Release of Information** form on the first day of class.

CENTRAL AREA COURT APPROVED PARENTING CLASSES

Agency: River Oak Family Resource Center
Fruit Ridge Community Collaborative



Address: 4625 44th Street, Suite 36, Sacramento, CA 95820; **Class Locations Vary**

Phone: 916-226-2725 **Contact Person:** N/A

Zip Codes Served: 95811, 95814, 95816, 95817, 95818, 95819, 95820

Pre-Registration Required For All Classes
No Entry to Class 10 or More Minutes After Start Time

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Nurturing Parenting Program	5/15/19	1:00PM – 3:00PM	Wed & Fri	6-17 Years	English	Free
Nurturing Parenting Program	5/20/19	9:30AM – 11:30AM	Mon & Thu	0-5 Years	English	Free

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CENTRAL AREA COURT APPROVED PARENTING CLASSES - Continued

Agency: Family Spirit - Sacramento Native American Health Center, Inc. (SNAHC)

Address: 2020 J Street, Sacramento, CA 95811; **Medical Building:** Kutba Classroom – **Registration is MANDATORY**
Phone: 916-341-0576 x4425 **Contact Person:** Wellness Department **Email:** Wellness@snahc.org

Zip Codes Served: N/A

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Family Spirit Parenting Program	Ongoing – 16 Weeks Required for Certificate	5:00 PM to 7:00 PM	Tue	0-5 Years	English	Free

Agency: La Familia Counseling Center
Family Resource Center



Address: 5523 34th Street, Sacramento, CA 95820; **Class Locations Vary – Please Call to Confirm**

Phone: 916-452-3601 **Contact Person:** N/A

Zip Codes Served: 95632, 95655, 95814, 95817, 95820, 95822, 95824

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Make Parenting a Pleasure	5/7/19	5:30-7:30PM	Tue & Thu	0-17 Years	English	Free

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CENTRAL AREA COURT APPROVED PARENTING CLASSES - Continued

Agency: Celebrating Families – STARS Clients Only

Address: STARS at First Church of the Nazarene, 1820 28th St., Sacramento, CA 95816-7310

Phone: 916-453-2704 ext. 137 **Contact Person:** Becky Gonzales, Resource Recovery Specialist

Zip Codes Served: N/A

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
You must be referred by the Drug Dependency Court or Early Intervention Family Drug Court to attend.	Please Call			0-17 Years	English	Free for STAR Clients

SOUTH AREA COURT APPROVED PARENTING CLASSES

Agency: Valley Hi Family Resource Center



Address: 7000 Franklin Boulevard, Suite 820, Sacramento, CA 95823; **Class Locations Vary – Please Call to Confirm**

Phone: 916-290-8281 **Contact Person:** N/A

Zip Codes Served: 95758, 95823, 95828, 95829

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Class Not Available	**	**	**	**	**	Free

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SOUTH AREA COURT APPROVED PARENTING CLASSES - Continued

Agency: Meadowview Family Resource Center



Address: 2251 Florin Road, Suite 158, Sacramento, CA 95822; **Class Locations Vary – Please Call to Confirm**

Phone: 916-394-6300 **Contact Person:** N/A

Zip Codes Served: 95690, 95758, 95818, 95822, 95831, 95832

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Nurturing Parenting Program	5/14/19	1:00PM-3:00PM	Tue & Wed	0-5 Years	English	Free

Agency: Strategies for Change

Address: 4343 Williamsborough Drive, Sacramento, CA 95823

Phone: 916-395-3552 **Contact Person:** N/A

Zip Codes Served: N/A

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Parenting Class – Childcare Provided ** CPS Will Not Reimburse Fees ***	Ongoing - Please Call	10:30 AM - Noon Arrive at 10:00 AM the first day for intake and to complete paperwork.	Fri	0-17 Years	English	Class may be included for Clients in treatment. All Others: \$65 Orientation; \$35 Per Session

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NORTH AREA COURT APPROVED PARENTING CLASSES

Agency: Mutual Assistance Network – Firehouse Community Center



Address: 810 Grand Avenue, Sacramento, CA 95838; **Class Locations Vary – Please Call to Confirm**

Phone: 916-567-9567 **Contact Person:** N/A

Zip Codes Served: 95838

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Nurturing Parenting Program	6/22/19	10:00AM–2:30PM	Sat	0-5 Years	English	Free
Make Parenting a Pleasure	6/25/19	10:00AM–12:00PM	Tue & Wed	0-12 Years	English	Free

Agency: Mutual Assistance Network – Arcade Community Center



Address: 2427 Marconi Avenue, Suite 203, Sacramento, CA 95821; **Class Locations Vary – Please Call to Confirm**

Phone: 916-514-8096 **Contact Person:** N/A

Zip Codes Served: 95821, 95825

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Nurturing Parenting Program	5/8/19	2:00PM-4:00PM	Wed & Fri	0-5 Years	English	Free
Make Parenting a Pleasure	6/4/19	6:00PM-8:00PM	Tue & Thu	0-17 Years	English	Free
Nurturing Parenting Program	6/15/19	10:00AM-2:30PM	Sat	6-17 Years	English	Free

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NORTH AREA COURT APPROVED PARENTING CLASSES - Continued

Agency: Strategies for Change

Address: 4441 Auburn Boulevard, Suite E, Sacramento, CA 95841

Phone: 916-473-5764 **Contact Person:** N/A

Zip Codes Served: N/A

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Parenting Class ** CPS Will Not Reimburse Fees **	Ongoing - Please Call	2:30 PM - 4:00 PM Arrive at 2:00 PM the first day for intake and to complete paperwork.	Wed	0-17 Years	English	Class may be included in treatment plan for clients of Strategies for Change All Others: \$65 Orientation; \$35 Per Session

Agency: North Sacramento Family Resource Center



Address: 1217 Del Paso Boulevard, Suite B, Sacramento, CA 95815; **Class Locations Vary – Please Call to Confirm**

Phone: 916-679-3743 **Contact Person:** N/A

Zip Codes Served: 95815, 95833, 95834

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Class Not Available	**	**	**	**	**	Free

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EAST AREA COURT APPROVED PARENTING CLASSES

Agency: WellSpace Health Family Resource Center



Address: 6015 Watt Avenue, Suite 2, North Highlands, CA 95660; **Class Locations Vary – Please Call to Confirm**

Phone: 916-679-3925 **Contact Person:** N/A

Zip Codes Served: 95841, 95842, 95843, 95610, 95660, 95652, 95673, 95825

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Class Not Available	**	**	**	**	**	Free

Agency: A Community For Peace

Address: 6060 Sunrise Vista Drive, Suite 2340, Citrus Heights, CA 95610

Phone: 916-728-5613 **Contact Person:** Katie Huemer **Email:** Kids@ACommunityForPeace.org

Zip Codes Served: All

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Nurturing Parenting Program Free Playcare Provided for Children Ages 0-12 Years	Ongoing **	11:00AM-12:30PM	Thu	0-11 Years	English	Free

** An intake meeting must take place before attendance can begin. Please contact the office for more information.

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EAST AREA COURT APPROVED PARENTING CLASSES - Continued

Agency: Folsom Cordova Community Partnership
Family Resource Center



Address: 10665 Coloma Road, Suite 200, Rancho Cordova, CA 95670; **Class Locations Vary – Please Call to Confirm**

Phone: 916-361-8684 **Contact Person:** N/A

Zip Codes Served: 95830, 95630, 95827, 95655, 95826, 95670, 95742

<u>Class</u>	<u>Start Date</u>	<u>Time</u>	<u>Day(s)</u>	<u>Child Age</u>	<u>Language</u>	<u>Fee</u>
Make Parenting a Pleasure	4/29/19	9:00AM-11:00AM	Mon	0-17 Years	English	Free
Make Parenting a Pleasure	5/28/19	4:30PM-6:30PM	Tue	0-17 Years	English	Free

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ADDITIONAL RESOURCES

Agency: **Folsom Cordova Family Resource Center**
Safety Net Services



Address: 10665 Coloma Road, Suite 200, Rancho Cordova, CA 95670

Phone: **916-361-8684** **24 Hour Parent Support Line:** **1-888-281-3000**

Zip Codes Served: 95830, 95630, 95827, 95655, 95826, 95670, 95742

<u>Resource</u>	<u>Time</u>	<u>Day(s)</u>	<u>Eligibility</u>	<u>Language</u>	<u>Fee</u>
<u>Safety Net Services</u>	4:30 PM - 6:30 PM	Tues	For families or individuals in crisis on first come, first served basis.	N/A	Based on income and family size. Income verification required.
<ul style="list-style-type: none"> • 3-Day Supply of Diapers • RT Bus Passes • 3-Day Supply of Food 	9:00 AM - 11:00 AM	Thurs			
<ul style="list-style-type: none"> • Eviction Avoidance/Utility Assistance – Call, Press 5 and leave your name and phone number on voicemail. Must have 3-day pay or quit. 	9:00 AM–12:00 PM	Mon Only			
<u>Crisis Resources & Case Management</u>	By Appointment Only				
<ul style="list-style-type: none"> • Car Seat Information & Classes • Legal Assistance • Food Lockers • Counseling • Medi-Cal Eligibility • Career Centers • Short-Term Case Management 					

Meadowview Family Resource Center

Intervention Services

Free Assistance and Referrals

- ♦ Parent Support Services
- ♦ Adult Education
- ♦ Child Care
- ♦ Crisis Nursery
- ♦ Domestic Violence
- ♦ Employment
- ♦ Financial Assistance
- ♦ Health Insurance
- ♦ Housing/Shelter
- ♦ Legal Assistance
- ♦ Substance Abuse
- ♦ Emergency Food Services
- ♦ Accessing Public Systems

Contact For More Information:

Marisa Vargas

Intervention Specialist

(916) 394-6338

All services are
free to families
with children 0-17!

**Meadowview Family
Resource Center**

2251 Florin Rd, Ste 158

Sacramento, CA 95822

Funding provided by:



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